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### • "What Is Not Inspected Should Not Be Expected"-Anonymous

#### Content

- > Education as an investment
- Generational gap
- > Helping your new college student succeed
- Sense of resourcefulness
- > Parental involvement
- Parents' four key roles in their children's learning
- > Family-school partnerships

#### Education as an Investment

- Investment is the act of investing money, time, energy and other valuable resources in the hope of making profit
- To invest in a child's education therefore means, to invest one's money, time, human efforts (energy) and other valuable resources in the educational development of a child.



- Decades of research and observation have shown that education can make a lasting difference in children's lives.
- But education's not just good for children, it's good for nations. Investing in education isn't just the right thing to do, it's smart economics.
- Education can put people on a path towards good health, empowerment and employment.
- It can help to build more peaceful societies.

#### Generational Gap

### Seven generations to choose from: where are you as a parent?

- The Greatest Generation (born 1901–1927)
- The Silent Generation (born 1928–1945)
- Baby Boomers (born 1946–1964)
- Generation X (born 1965–1980)
- Millennials (born 1981–1995)
- Generation Z (born 1996–2010)
- Generation Alpha (born 2011–2025)

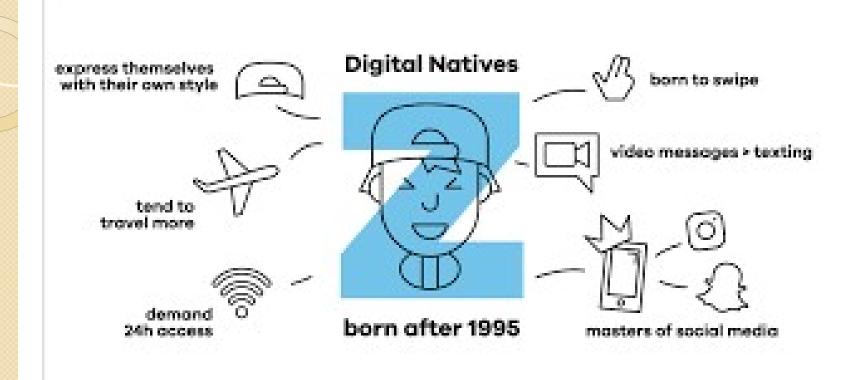
#### Generational Gap



1980 - 1994

GEN Z - 1995 - NOW

#### Who are these children?



Generation Z, colloquially known as zoomers, is the demographic cohort succeeding Millennials and preceding Generation Alpha. Researchers and popular media use the mid-to-late 1990s as starting birth years and the early 2010s as ending birth years. They are perceived as being familiar with the use of digital technology, the internet, and social media from a very young age.

#### Characteristics of Generation Z

- I. They're money-driven and ambitious.
- 2. They love to travel.
- 3. They're prone to anxiety.
- 4. They're known to set boundaries.
- 5. They're avid gamers.
- 6. They're nostalgic.
- 7. They use social media in a unique way.



# Helping Your New College Student Succeed

Tips For Schools And Family Members

#### **New Students Challenges**

Whether 10 or 15 years-old, new students are in transition

- New environment, people, schedule
- New responsibilities
- New expectations from faculty
  - More independent work
  - Longer timeframes
  - "Adulting"



#### Six Areas of Adjustments for New Students

#### Cultural **Emotional Financial** Academic Intellectual Social re-made by mesick h sad because you omework dural) Students will take a Students will interact Students will need Students will need to Students will have Students will be more active role in with others of various to be prepared for demonstrate basic the opportunity to faced with shifts in cultures, religious their relationships, their learning than the stressors of financial literacy, an join an academic college and they had to in high beliefs, sexual identities understanding of the community that finding a new peer school and have the includes fellow and orientations, ages, develop habits and costs of colleges. group and handling ability and know-how and abilities, in a variety behaviors to cope and methods for classmates, faculty, the pressure of paying for those to meet the increasing of settings. with these and college fitting in. administrators. demands of college. changes. costs.

#### The First Term Experiences

September	October	November	December
Fitting in, finding new friends	First exams and projects due	Finals "crunch" and finishing strong	Balancing family expectations
Homesickness	Time management issues	Mate and relationship issues	Managing stress Managing time, stress, and tasks
Adjusting the pace of new term	Lower-than-usual grades	Planning for the rest of the term	Maintaining good health and health habits "Culture and expectations shift" at home
Social busy-ness	Accessing resources	Getting into a rhythm	Moving out for the break

#### Challenges of New Students

Our students come to us with a variety

of

Needs

Goals

Motivation levels

Academic preparedr

Communication skills



#### **Supporting Your Student**

- Parenting as "coaching"
  - Hold conversations about their concerns
    - Ask questions, instead of giving answers
    - Encourage self-advocacy, persistence, and patience
    - Encourage them to use campus resources

# Understand Understand that there will be rough patches in among the good times (and help them understand that this is part of the process) Counsel Counsel persistence and celebrate achievements Ask Ask questions and hear their responses



# What do you think is the purpose of going to college?

 Motivation and persistence will be key to completion

What academic/career goals do you have?

# QUESTION 2: HOW WILL YOU TAKE CARE OF YOURSELF?

- Eat breakfast every day!
- Get enough sleep
- Set an alarm that you will hear
- Make your bed and keep your room organized
- Know how to "say no" to distractions



# Missed classes are money lost

Students without books get behind quickly

**QUESTION 4:** 

HOW ARE YOU GOING TO BE A SUCCESSFUL STUDENT?

Put academics first!

**Prioritize academics** 

**Engage in your studies** 

■Participate! Use active learning

Become a better student

☐Attend workshops, use resources

Read the syllabus/plan ahead

☐Time management

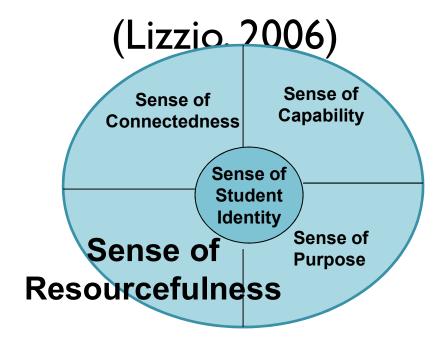


Everyone of us will determine success of a child!



If your child is first child to go to secondary in your family, please don't let him/her fail.

#### **Sense of Resourcefulness**



#### SENSE OF RESOURCEFULNESS

Successful students need to proactively manage the challenges of their whole school experience. This includes being able to:

- Navigate the school systems to get the help and information required.
- Speak up and communicate if there is a problem
- Balance work, life and study commitments.

# What are new students' needs and concerns?

#### **Sense of Connection**

- Meeting people and making friends
- Establishing positive working relationships with staff
- Having a sense of valued identity and belonging

#### **Sense of Purpose**

- Affirming your vocational direction and motivation
- Appreciating the links
   between your present
   education and future career

#### **Sense of Capability**

- Clarifying expectations of the uni student role
- Building confidence for academic challenges
- Establishing an organised and strategic approach to study

#### Sense of Resourcefulness

- Learning how to navigate the system
- Knowing where to get help
- Managing study-work-life balance

#### Parental involvement

- Research demonstrates that parent/family involvement significantly contributes to improved student outcomes.
- Everyone -- students, parents, teachers, administrators, and communities -- benefits from family involvement.

# What are the Benefits of Parent Involvement?

- More positive attitudes toward school;
- Higher achievement, better attendance, and more homework completed consistently;
- Higher graduation rates and enrollment rates in post-secondary education;
- Better schools to attend.

#### Benefits for Parents

- Greater knowledge of education programs and how schools work;
- Knowledge of how to be more supportive of children;
- Greater confidence about ways to help children learn;
- More positive view of teachers; and,
- Greater empowerment.

#### Benefits for School Staff

- Greater teaching effectiveness;
- Higher expectations of students;
- Increased ability to understand family views and cultures;
- Greater appreciation of parent volunteers; and,
- Improved morale.

#### When Parents are Involved

- Children get higher grades and test scores.
- Children have better attitudes and behavior.
- Children complete more homework.
- Children are more likely to complete high school and enroll in post-high school education.

#### **Parent Involvement**

- The more involved you are in your child's education, the more likely your child is to succeed in school.
- Research shows that parent support is more important to school success than a student's IQ, economic status, or school setting.

# Parent Involvement Begins at Home

#### Teach your child to love to read

- Read to your child from an early age.
- Let your child see you read.
- Listen to your child read.
- Take your child to the library to check out books of interest.
- Provide your child with books and magazines written at his or her reading level.

# Help Your Child Feel Good about Education

#### Find reasons to praise your child every day.

- Help your child focus on his or her strengths
- Let your child know that he or she is a valuable, capable person and that you know he or she can succeed.

## Have high expectations for learning and behavior, at home and at school.

- When you expect the best, your child will rise to those expectations.
- Be a good role model for getting work done before play.

# Talk with your child about schoolwork

- Ask about homework and check to see that your child has done all the work assigned.
- Ask your child to show you his or her schoolwork and note the grades and comments made by the teacher.
- Discuss how the skills your child is learning in school are an important part of everyday life. Let your child see you read, write, and use math.

#### Talk with your child's teacher

- Introduce yourself at the beginning of the school year.
- Attend parent-teacher conferences.
- If possible, spend time at your child's school and classroom as a volunteer or visitor.
- If you use email, find out if your child's teacher uses email to communicate with parents.

#### Parents should play four key roles in their children's learning:

#### Teacher

• Parents support a home environment that encourages learning and strengthens what is being taught in school; it is important to provide positive character development.

#### Supporter

• Parents contribute influences to the school, back up administrative and teacher decisions when necessary, enrich the curriculum, and provide extra services to the students.

#### Parents should play four key roles in their children's learning:

#### Advocates

• Aid the negotiation of the education system and receive fair treatment, and work to maximize the responsiveness to all stakeholders.

#### **Decision-makers**

 Participation in school board and advisory councils, curriculum committees, and management teams; an overall participation in joint effort and problem-solving towards a common positive goal.

#### Why Family-School Partnerships?

- Central to the partnership model is a belief in shared responsibility for educating and socializing children -- both families and educators are essential for children's progress in school
- Emphasis is on relationships, rather than roles... how families and educators work together to promote the academic and social development of students

# Four A's: A Guide to Develop Parent-Teacher Partnerships

• Approach: The framework for

interaction with parents

• Attitudes: The values and perceptions

held about parent-teacher

relationships

• Atmosphere: The climate for parent-

teacher interactions

Actions: Strategies for building shared

responsibility for students'

reading progress and success

#### Parents and Teachers as "Partners"

- A student-focused philosophy collaborate for the learning progress of the student
- A belief in shared responsibility both inand out-of-school time impacts achievement
- Quality of the relationship how parent and teacher work together in meaningful ways
- A preventive, solution-oriented focus create conditions that encourage and support student's reading and engagement

# Collaboration is evident when parents and teachers:

- Listen to one another's perspective.
- View differences as strengths.
- Focus on mutual interests.
- Share information to co-construct understandings.
- Respect the skills and knowledge of each other by asking for opinions and ideas.
- Plan together and make decisions that address the needs of parents, teachers, and students.
- Refrain from finding fault no problematic individuals; rather a problematic situation that requires our attention.
- Celebrate "our" successes.



This material and other viable materials for self-improvement are available at https://www.positivepsychology.org.ng/